

WEEKDAY MORNING SERVICE

No Saturday or Sunday Service

Stamford RR Station > Downtown Stamford > Stamford RR Station

Train Arrivals at Stamford Station

Trains from N. Y.		Trains from Points East		Stamford RR Station–North Side South State St. (Track 5)	Stamford Forum Canal & Tresser Blvd.	Broad & Greyrock	Bedford & North	Prospect & North	Summer & Hoyt	Summer & North	Broad & Greyrock	Stamford Forum Canal & Tresser Blvd.	Stamford RR Station–South Side Station Place (Track 4)	Stamford RR Station–North Side South State St. (Track 5)
		N	1	2	3	4	5	6	2	1	S	N		
	NH 5:41	5:45	*5:47	*5:50	*5:53	..	*5:56	*5:57	6:00	6:02	6:05	6:08		
	NC 5:48													
	NH 6:05	6:10	*6:12	*6:15	*6:18	..	*6:21	*6:22	6:25	6:27	6:30	6:33		
	B 6:27													
	NH 6:31	6:35	*6:37	*6:40	*6:43	..	*6:46	*6:47	6:50	6:52	6:55	6:58		
	NC 6:38													
L 6:44	D 6:48													
E 6:46	NH 6:54	7:00	*7:02	*7:05	*7:08	..	*7:11	*7:12	7:15	7:17	7:20	7:23		
L 7:03	B 7:07													
E 7:11	NH 7:14	7:20	*7:22	*7:25	*7:28	..	*7:31	*7:32	7:35	7:37	7:40	7:43		
	D 7:21													
	NC 7:27													
	NH 7:30	7:35	*7:37	*7:40	*7:43	..	*7:46	*7:47	7:50	7:52	7:55	7:58		
L 7:41	SN 7:39	7:50	*7:52	*7:55	*7:58	..	*8:01	*8:02	8:05	8:07	8:10	8:13		
	NH 7:48													
E 7:49	SLE 7:53	8:00	*8:02	*8:05	*8:08	..	*8:11	*8:12	8:15	8:17	8:20	8:23		
	D 8:04													
L 8:00	NH 8:10	8:15	*8:17	*8:20	..	*8:23	*8:29	*8:30	8:33	8:35	8:38	8:41		
E 8:18	NH 8:16													
L 8:20	NC 8:20	8:25	*8:27	*8:30	..	*8:33	*8:39	*8:40	8:43	8:45	8:48	8:51		
	D 8:27													
	SLE 8:31													
	B 8:33	8:40	*8:42	*8:45	*8:48	..	*8:51	*8:52	8:55	8:57	9:00	9:03		
L 8:44	NH 8:48	8:55	*8:57	*9:00	*9:03	..	*9:06	*9:07	9:10	9:12	9:15	9:18		
E 8:58	D 8:56	9:05	*9:07	*9:10	*9:13	..	*9:16	*9:17	9:20	9:22	9:25	9:28		
	SN 9:03													
L 9:17	NH 9:08													
E 9:22	NC 9:15	9:30	*9:32	*9:35	*9:38	..	*9:41	*9:42	9:45		

WEEKDAY EVENING SERVICE

No Saturday or Sunday Service

Stamford RR Station > Downtown Stamford > Stamford RR Station

Stamford RR Station–North Side South State St. (Track 5)	Stamford Forum Canal & Tresser Blvd.	Broad & Greyrock	Bedford & North	Prospect & North	Summer & Hoyt	Summer & North	Broad & Greyrock	Stamford Forum Canal & Tresser Blvd.	Stamford RR Station–South Side Station Place (Track 4)	Stamford RR Station–North Side South State St. (Track 5)	Train Departures from Stamford Station			
N	1	2	3	4	5	6	2	1	S	N	Trains to N.Y.	Trains to Points East		
..	..	2:55	2:58	..	3:01	3:02	3:05	3:07	*3:12	3:15	E 3:24 L 3:33	NH 3:20 NH 3:39		
3:20	*3:22	3:25	3:28	..	3:31	3:32	3:35	3:37	*3:42	3:45	E 3:54 L 4:03	NH 3:51 NC 3:57		
3:50	*3:52	3:55	3:58	..	4:01	4:02	4:05	4:07	*4:12	4:15	E 4:24 L 4:30	NH 4:20		
..	..	4:15	4:18	..	4:21	4:22	4:25	4:27	*4:32	4:35	E 4:46	SLE 4:42 NC 4:46		
4:20	*4:22	4:25	4:28	..	4:31	4:32	4:35	4:37	*4:42	4:45	E 4:54 L 5:06	NH 4:52 SN 4:56		
4:40	*4:42	4:45	4:48	..	4:51	4:52	4:55	4:57	*5:02	5:05		NH 5:09 SLE 5:11		
4:50	*4:52	4:55	4:58	..	5:01	#5:02	#	#	*#5:09	#5:12	E 5:26	D 5:16 NH 5:20 NH 5:25		
5:05	*5:07	5:10	5:13	..	5:16	5:17	5:20	5:22	*5:27	5:30	L 5:33	NC 5:34 NH 5:46		
5:20	*5:22	5:25	5:28	..	5:31	5:32	5:35	5:37	*5:42	5:45	E 5:54	D 5:51 NC 5:55		
5:30	*5:32	5:35	5:38	..	5:41	5:42	5:45	5:47	*5:52	5:55	L 6:05	NH 6:01 B 6:07 SN 6:12		
5:50	*5:52	5:55	5:58	..	6:01	6:02	6:05	6:07	*6:12	6:15	E 6:24 L 6:33	D 6:26 B 6:32		
6:15	*6:17	6:20	6:23	..	6:26	6:27	6:30	6:32	*6:37	6:40	E 6:57 L 7:03	NH 6:48 NC 6:52 D 7:01		
6:45	*6:47	6:50	6:53	..	6:56	6:57	7:00	7:02	*7:07	7:10	L 7:32	NH 7:18		

CENTRAL ALTERNATIVE SERVICE:

- Tresser Boulevard is served by Routes 43 & 44.
- Broad Street is served by Routes 34, 41 & 42.
- Bedford and Summer Streets are served by Routes 31 & 32.
- Prospect Street is served by Route 33.

Timetable notes:

Timepoints are shown on the map as ● and are listed at the top of the timetable.

.. = No Service

* Bus stops primarily to drop off customers and may depart earlier than the time shown.

On reduced services days, trip follows the regular route serving Broad & Greyrock at 5:05PM and Canal & Tresser at 5:07PM, arriving at Station Place at 5:12PM and at South State Street at 5:15PM.

■ Shaded trips do not run on Metro-North reduced service days, including: the day after Thanksgiving, Martin Luther King Jr. Day, Presidents' Day and the day before Independence Day.

B To/from Bridgeport

D To/from Danbury

E Express to/from Grand Central

L Local to/from Grand Central

NC To/from New Canaan

NH To/from New Haven

SLE Shore Line East to/from Old Saybrook

SN To/from South Norwalk

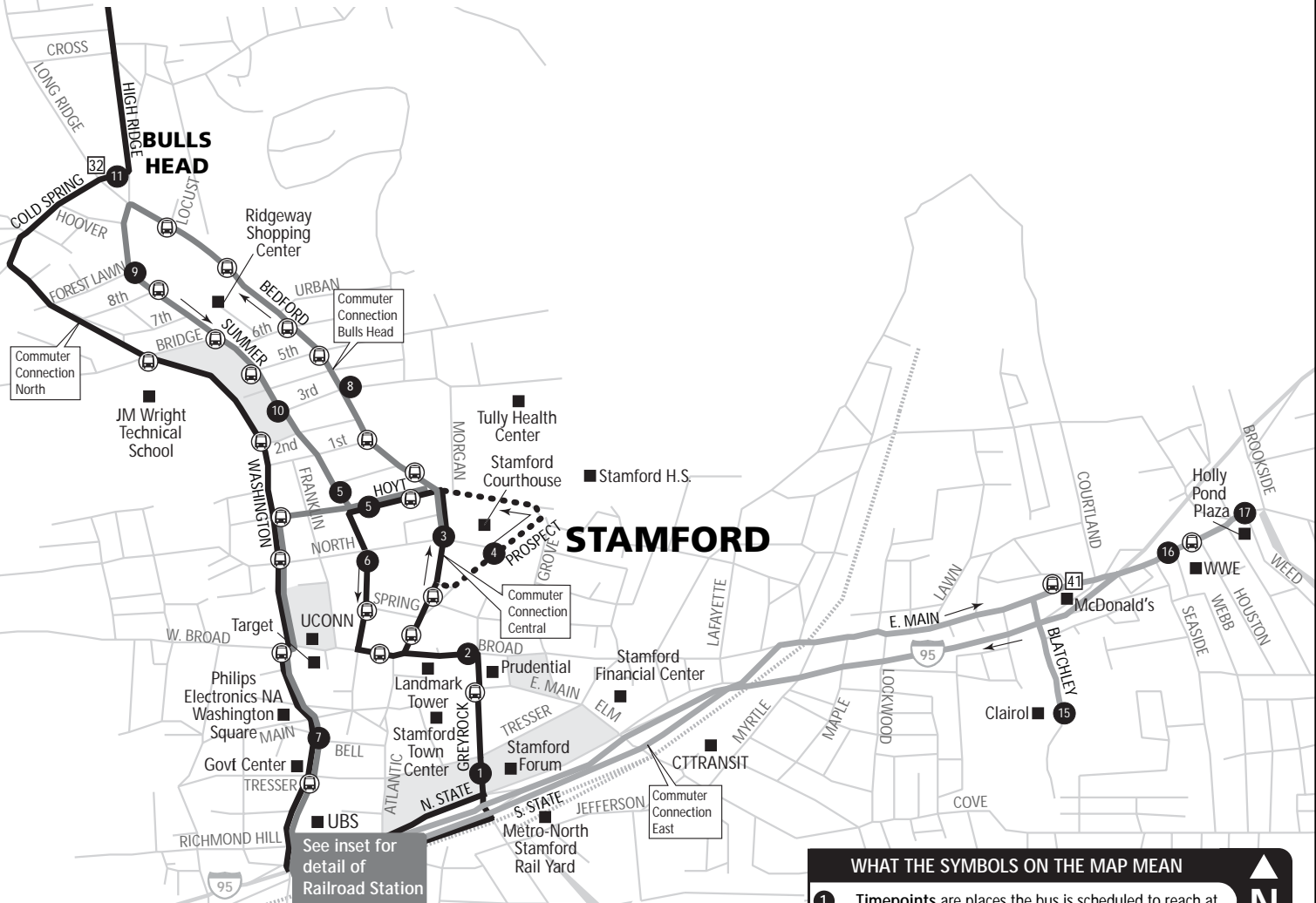
*For Metro-North information, call 1-800-METRO-INFO, or visit www.mta.info/mnr.
For Shore Line East information, call 1-800-ALL-RIDE or visit www.shorelineast.com.
To plan your own trip, visit www.trips123.com.*



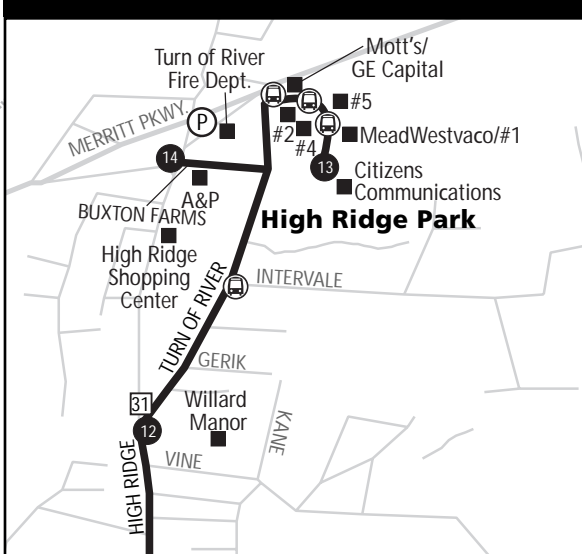
COMMUTER CONNECTION

- Central
- Bulls Head
- North
- East

Effective: April 2, 2006



HIGH RIDGE PARK DETAIL



WHAT THE SYMBOLS ON THE MAP MEAN

- 1** Timepoints are places the bus is scheduled to reach at a specific time (listed on the schedule). The timepoints are not the only places the bus will stop along the route.
- 21** Transfer Points show connections with other bus routes. The connecting route number is in the box. This is an example of where to transfer to the "21" route.
- Part-time routing is shown for areas where the bus does not always travel. Refer to the schedule for trips that take the part-time route.
- Bus stop.



STAMFORD RAILROAD STATION

